

# Personal Reflection Exercises...

## I am more than capable of great success.



### **I am more than capable of great success.**

My abilities and talents render me more than qualified to achieve my dreams. The quality of my skills and the strength of my will power exceed the challenges ahead of me. ***When I focus on my strengths instead of my weaknesses, I achieve greater success.***

I can propel myself high above any hurdle that stands in my way. Determination is the wind beneath my wings as I rise above obstacles. Preparation is what helps me overcome the fear of taking risks.

I seek knowledge and educate myself continuously in order to be confident in my abilities. I feel comfortable asking questions so I may learn from those I admire. My eyes are trained to spot and retain useful information. I seize every opportunity that I can to expand my capabilities.

I present myself with credibility. Others look forward to working with me because they are confident in my ability to succeed. I have earned the respect of those around me by upholding a high standard for

myself. I am fortunate to have a team of people that I can count on to support me in my endeavors.

Success surrounds me like a shield. Great success is within my reach. When I accept my value, I free myself to achieve my potential. My work is marked by passion and integrity. ***I am more than capable of great success because I work hard for my dreams.***

I am well grounded. I am fully capable of managing the responsibilities that come with great success. With my abilities in one hand and a strong support group in the other, I am able to be successful beyond my wildest expectations.

Today, I am confident that success is within my reach.

### **Self-Reflection Questions:**

1. How can I better prepare myself for success?
2. Have I set high standards for myself?
3. What can I do to increase my knowledge and skills?